

W. L. Stephens Pool Schedule

October
13-18

MONDAY		
Lap Swim 6:00 am – 3:45 pm 7:30 pm – 8:45 pm	6:00 am - 3:45 pm	Lap Swim
	8:00 am – 8:45 am /9:00 am – 9:45 am	Water Fitness / Lap Swim *
	4:00 pm – 7:00 pm	SMRT
	6:30 pm – 7:15 pm	Water Aerobics / No Lap Swim
	6:30 pm – 9:00 pm	Lifeguard Class *
	7:30pm – 8:45 pm	Lap Swim
TUESDAY		
Lap Swim 6:00 am – 3:45 pm 7:30 pm – 8:45 pm	6:00 am - 3:45 pm	Lap Swim
	8:00 am – 8:45 am /9:00 am – 9:45 am	Water Fitness / Lap Swim *
	10:00 am – 10:45 am	Arthritis Fitness
	4:00 pm – 7:00 pm	SMRT
	6:00 pm – 8:00 pm	Lessons
	6:30 pm – 7:15 pm	Water Aerobics / No Lap Swim
	7:30pm – 8:45 pm	Lap Swim
WEDNESDAY		
Lap Swim 6:00 am – 3:45 pm 7:30 pm – 8:45 pm	6:00 am - 3:45 pm	Lap Swim
	8:00 am – 8:45 am /9:00 am – 9:45 am	Water Fitness / Lap Swim *
	4:00 pm – 7:00 pm	SMRT
	6:30 pm – 7:15 pm	Water Aerobics / No Lap Swim
	6:30 pm – 9:00 pm	Lifeguard Class *
	7:30pm – 8:45 pm	Lap Swim
THURSDAY		
Lap Swim 6:00 am – 3:45 pm 7:30 pm – 8:45 pm	6:00 am - 3:45 pm	Lap Swim
	8:00 am – 8:45 am /9:00 am – 9:45 am	Lap Swim / Water Fitness *
	10:00 am – 10:45 am	Arthritis Fitness
	4:00 pm – 7:00 pm	SMRT
	6:00 pm – 8:00 pm	Lessons
	6:30 pm – 7:15 pm	Water Aerobics / No Lap Swim
	7:30pm – 8:45 pm	Lap Swim
FRIDAY		
Lap Swim 6:00 am – 4:00 pm	6:00 am - 3:45 pm	Lap Swim / Masters *
	8:00 am – 8:45 am /9:00 am – 9:45 am	Water Fitness / Lap Swim *
	4:00 pm – 7:00 pm	SMRT
	6:30 pm – 7:30 pm	Swim Team / No Lap Swim
SATURDAY		
Lap Swim 9:00 am – 3:45 pm	9:00 am – 3:45 pm	Lap Swim
	9:00 am – 9:45 am	Water Fitness
	9:00 am – 4:00 pm	Lifeguard Class *

*Limited Lap Lanes Available